

# GOD AND ONESELF

## Lillian DeWaters.

Dear Spiritual Friend:

For us to know God aright, we must know God as God knows Himself. **GOD KNOWS HIMSELF AS THE ONE INDIVIDUAL ALL.**

To be the one infinite All-as-All, God must be spiritual Consciousness, for nothing other than immaculate Consciousness can be infinite -- spaceless, placeless, timeless, unchanging and unchangeable -- All-knowing, All-seeing, All-being.

Spiritual Consciousness is the consciousness of Spirit, the One and only Mind. God, Spirit, the One Mind, as His own Infinite Being, Life, Nature., Power, Law and Will, is His own Infinite Individuality, His own Infinite Embodiment, His own Infinite World without a creation or a beginning -- Absolute, Alone.

Before one can know oneself as he is, one must of necessity know God as God is; because, if God is the ONE who is ALL then only one's knowledge of this Infinite ONE-ALL, is able to reveal unto him the knowledge of ONESELF as he is. The attempt, therefore, to know oneself before knowing God aright, has been a common mistake.

To know the Truth of Being -- that GOD is one only Mind, Life and Being -- it is imperative that one utterly, entirely and completely cancel his belief that he is a consciousness or mind of his own to be developed or CHANGED into the One Mind which is God: **FOR NO MIND OTHER THAN THE ONE MIND EXISTS; THUS, NO MIND BUT THE ONE MIND THAT IS GOD CAN KNOW GOD.**

Regardless of any and all books and instructions, whose basis is that GOD is dual, that WE are dual, that the world and all things are both good and evil, **NEVER HAS THERE BEEN A SECOND BEING, A SECOND MIND OR CONSCIOUSNESS, A SECOND NATURE AND WILL, A SECOND WORLD AND EXISTENCE.**

Furthermore, there is now, and ever remains, that of us which can know the Truth of God and the Truth of Ourselves from God direct. This sacred place where we come into possession of the knowledge of God, the

knowledge of ourself, the world, and all things, is called the HEART. This particular word--HEART--designates, specifically, our innermost, spiritual conviction and love; verily, the HEART is representative of that only which, as our own spiritual Consciousness, is SPIRIT, GOD.

Spiritual Enlightenment, which is God, reveals that God is not dual, though taught this in the Christian Bible, as follows: "and God separated the light from the darkness" ... "Then the Lord said, Behold the man has become as one of us, knowing good and evil." ... "The Lord saw that the wickedness of man was great in the earth and that every imagination of his heart was only evil continually." (Genesis 1:4:3:22;6:5,6) New REVISED STANDARD VERSION.

No repentance, regeneration, resurrection exists in GOD, the Invisible WHOLE. To be at all, we must be the ONE alone.

Believe not in cause and effect. Believe not in two beings, two minds, two worlds, and two existences of everything. See! Know! Understand! GOD AS AN INFINITE INDIVISIBLE TOTAL ALL, IS ONE WHOLE. This ONE-ALL is pure, perfect Being, Life, Mind, Consciousness, Individuality, Embodiment and World. There cannot be, therefore, ANOTHER being, life, mind, consciousness, individuality, embodiment and world BESIDES THE ONE ALONE. To believe in ANOTHER would be not only to dishonor GOD, but also to disown one's very own Self and Being.

Inevitably, the only way to know GOD is as GOD knows HIMSELF. How does GOD know HIMSELF? The Answer is this: GOD KNOWS HE IS THE ONLY ONE. Until this first Principle is seen, acknowledged and accepted -- THAT GOD KNOWS HE IS THE ONLY ONE -- one has no way of *knowing* what IS Truth, and what is NOT Truth.

Secondly, one must know the Truth of ONESELF. How can one be sure? In ONE Way only -- by seeing how GOD KNOWS US. This Answer, like the first, the HEART reveals, as follows: GOD KNOWS US AS HIMSELF. God knows all individuality, Embodiment, Identities or Things as HIMSELF, for HIMSELF is all God knows, and all GOD sees.

Undeniably, then, one must know oneself as God knows HIM, one must see himself as GOD sees HIM. One can learn this sublime Truth from GOD direct or he can learn it by association with those of clear Vision whose uncompromising spiritual Understanding, that GOD IS THE ONE-ALL, and that ONESELF is this identical ONE, admits of nothing contrary to it.

The only Way to know the Truth of all things is the Way of the HEART, for the HEART only is strong and courageous enough to disregard and reject the traditional religious teaching that GOD is one, and WE another. With forthright Light and Understanding we accept GOD as our only Consciousness, and our only Consciousness as GOD. We will not tolerate the teaching of separation and duality.

The answers of the HEART are not found in the general teaching which is: that we are persons, personalities or individuals, with mind, thought, will and body of our own, and that we must progress and regenerate ourselves so that finally we shall reach PERFECTION. GOD'S Word is, I AM ALL INDIVIDUALITY, I AM ALL BEING, I AM ALL EMBODIMENT, I AM ALL LIFE AND ALL WORLD; THERE IS NONE BESIDES ME!

There is not a grain of Truth, therefore, in the teaching that We, as ANOTHER besides GOD, must be developed or CHANGED into the Perfect by a process called regeneration or resurrection, not only in the here and now, but continued in some future time and place called "the beyond," as "probation after death." One cannot be a self, a mind, a being, of oneself; one *cannot* be another BESIDES THE ONE ALONE. GOD cannot see aught but HIMSELF. GOD cannot know aught but HIMSELF. NAUGHT BUT GOD CAN EVER BE.

GOD IS SPIRIT: thus when we know GOD aright we are acquainted with SPIRIT. SPIRIT is understandable only when we put aside our belief in matter. If we think of light, for instance, it is not darkness that we are concerned with; we do not confuse the two, nor can both be present simultaneously; seeing one, the other is not seen or known. Seeing body as material structure, with size, weight, dimension, subject to change, discord and destruction, the outlook is impure and imperfect. NOW THE FACT IS, SPIRIT IS OUR SUBSTANCE, and this substance is our only Life, Being, Mind and Body. However, this fact cannot be known while one is accepting matter, mind and man.

To understand SPIRIT, we must turn our vision and thought upon SPIRIT which is undimensional, the only mind and Consciousness there is. SPIRIT ITSELF is all Forms, unchanging, perfect, immutable and secure. When the word formless is used, it simply means form which is incorporeal, without dimension, and neither subject to change, time or condition, but is purely Spirit or spiritual Consciousness. I know I am SPIRIT only, for only SPIRIT IS.

Let us state the FACT and PRINCIPLE of Being -- SPIRIT IS ALL, AND ALL IS SPIRIT -- we will see then what comes forth from it. Since God, SPIRIT, is One Life, Being and Consciousness, I must know then that I am this Life, Mind, Being, Consciousness. Since SPIRIT is all Embodiment, then my only Embodiment or Form is SPIRIT -- right here and now. SPIRIT cannot be matter any more than light can be darkness. Matter, then is not known, seen or felt by me.

The earth is not both flat and round. I am not matter and SPIRIT. I AM SPIRIT! My Mind is Spirit: my Life is SPIRIT: Mind, Life, Body, are all the same ONE -- SPIRIT. Since SPIRIT is All-Presence, then my entire Self, Body and World is immutable, incorruptible, pure perfect SPIRIT. Nothing besides SPIRIT can be present. I see SPIRIT wherever I look, for SPIRIT is the very thing SPIRIT sees -- Its own formless Infinite Spiritual World. There is nothing I can see outside my Consciousness. My Consciousness is my Kingdom of Reality, my entire World. All is visible to SPIRIT, all is known to Spirit. SPIRIT is ever revealing Itself to us, for SPIRIT ever knows us as Itself, the one and only Presence.

What is not SPIRIT is not present, having no existence. I love SPIRIT, I love to behold SPIRIT as my own perfect Self, Being, Body and World. I love to know that Spirit knows me as Itself. I love to dwell upon spiritual oneness, spiritual Allness, spiritual Peace, Glory and Bliss. I can see and know only the things of SPIRIT, for, to me, only SPIRIT IS.

There are not two beings -- GOD and humanity. There are not two existences -- SPIRIT and matter. I am one, not two. Which one am I -- SPIRIT or matter? GOD or humanity? I know I. am SPIRIT. SPIRIT, GOD, knows me as ITSELF. I know myself as SPIRIT, GOD. None of me is me. ALL OF ME IS SPIRIT, God. God is the only ONE I AM. I and SPIRIT are ONE but two as one, but ONE as the only "I" there is.

### UNSEPARATED BEING

Let us face, squarely and unhesitatingly, the status or situation of religion as it is today, as more and more it comes into the foreground; and it must continue to do so, until the truth about religion is seen and known spiritually. There is a countless number of religious denominations, sects, cults, creeds and beliefs, existing today, leading over devious roads and ways each hoping to find, at the end, the perfect world or heaven.

Though multifarious and diversified, strange to say, religions take

their origin from a common basis, and have a common platform, as follows: their creeds and beliefs are unanimously based upon the assumption that we are not the one Being now and the one Mind now. They separate BEING into God and humanity; they separate EXISTENCE into a present human existence and a future spiritual existence; they separate MIND into one perfect Mind and multitudinous human minds; they divide TIME into a past state of human birth, a present state of struggle, development and translation, and a future state of eternity, when we shall have earned, demonstrated or attained perfection. WITHOUT THE BASIC BELIEF IN SIN AND SEPARATION THERE WOULD BE NEITHER CREED NOR DOCTRINE.

Note well this outstanding fact: no religion affirms one Mind only; one World only; one Being only; and one Existence only -- the Spiritual One; and that WE are this very One, right here and now.

The word religion is derived from its roots "re" and "ligio," meaning to bind back. Having accepted Being, Mind, World, and Existence as separated into two parts -- Spirit and humanity -- religion then attempts to bind them back again. To this end, it selects systems, methods and practices whereby to re-store, re-generate and re-establish that ONENESS AND ALLNESS WHICH NEVER HAS BEEN SEPARATED OR DIVIDED! Reader, can you not see that the entire framework for the teaching that we must move out of a material existence into the spiritual, and be translated from a human being into the spiritual, is made up wholly of the belief that we are living now in a material world, as human beings? Otherwise, why the concept that we must make an exodus from this world? And why the admonition that we must put off a human mind? Just where is the dwelling place of a human mind, and who is to put it off?, IF GOD IS THE ONLY MIND? The Absolute Message states there is ONE MIND, ONLY; and it does not make contradictory statements. If it be the Truth that God is our Being and our Consciousness; if it be the Truth that the perfect World is within us; then the teaching that we must develop into our Self, and journey to the perfect World, is preposterous and fabulous.

Fear not to give up imperfect beliefs. Let them go. Truth and Reality is all that exists, all that can be known, all that can be experienced. Through spiritual realization or Revelation alone, can we see things in their true Light. Since there has not been any separation between God and us, then never have there been two existences, two worlds; thus, no journey, no translation can be taken or made. Being is World, and World is Being. Outer methods lead astray from the inner Way of spiritual Light. All teaching pertaining to matter, error, mesmerism, counterfeit, unreality, illusion, are personal I or being who is to

be changed into Perfection or Spirit, one is impotent to behold the deep things of GOD -- THAT NO HUMAN BEING OR PERSONAL MIND EXISTS.

SPIRIT, spiritual Consciousness, or the ONE Mind, is a World of Its own. It employs no ways or practices of becoming or overcoming. It is unrelated, unconditioned, unbounded -- IT IS ITSELF THE ONE ALL. One does not come face to face with SPIRIT until he is known of the Spirit; for of himself, as a man, a person or a personal individual, he is incapable of saving himself: he can do nothing. One must be inspired within -- by the SPIRIT Itself. When one loves the Voice of SPIRIT more than all else, he is then divinely guided and taught of the Spirit. He knows just when this takes place, for the HEART tells him. When one gives himself unconditionally to SPIRIT, then one's whole Life takes on a great and glorious new meaning.

A story of the East illustrates this Way of the SPIRIT quite clearly and vividly. Briefly, it is as follows: "A poor woodcutter supported himself and family by selling firewood which he cut from the branches of trees near the edge of a deep forest. His labor was great and toilsome, and his means, meager. One day, he met a Sage who said to him, 'Good man, why do you not go onward into the recesses of the forest? Go farther into the woods.' The next day the man remembered this advice, and now went deeper into the woods, and here he found sandalwood which he sold for a much higher price. Later, he remembered that the Sage had said nothing about sandalwood, but he said only to move onward. The next day he came to a silver mine, which made him very rich; but going still farther, he came to a mine of diamonds and precious stones."

Many are toiling for the healing of the body; the development of a human self; others are weary of this constant work, yet know not what else is to be done. The ABSOLUTE Message, THAT MATTER, HUMANITY AND PERSONAL MINDS HAVE NEVER EXISTED, FOR SPIRIT IS OUR REAL AND ONLY SELF, is unfamiliar to them. Moreover, not having heard of the HEART and Its Light, it seems strange to them that one can actually hear the Voice of GOD or SPIRIT, and be guided and taught of Spirit into a Knowledge never before heard of.

Those who would come face to face with SPIRIT must leave the surface ways of treating sickness; and developing oneself; for never will these ways satisfy the hungry heart. Only pure Knowledge of ONESELF as SPIRIT can satisfy this longing. Deeper, deeper must one go within. Here, taught of God, the practice, the overcoming and becoming are laid aside -- suddenly they have become void of meaning. SPIRIT is not a way to health, harmony and

perfection, SPIRIT does not show one how to be healed or changed into perfection, for SPIRIT IS MIND, and SPIRIT IS BODY -- timeless, changeless, eternal. SPIRIT knows no matter, mind or humanity. It has one Vision -- ITSELF AS ONE "I AM ALL." Looking farther, deeper into REALITY, one may come across these words of the East: "The Eye with which we see GOD must be the same Eye with which GOD is seeing us."

The reason why more do not come into this deeper Light and Understanding -- that SPIRIT is an Infinite present Self and World -- is because they are still believing the teaching that we are man who can be healed; regenerated into Spirit by degrees. Is the Way one of work, resurrection, CHANGE? NO. Such belief is void of Truth. While GOD remains ONE PURE, PERFECT, CHANGELESS WHOLE AS MIND, LIFE, BEING, WHICH IS SPIRIT -- THE ONE AND ONLY "I", -- there will be no way but HIS WAY. There has been no sin, no mortal existence, nothing physical; nothing human or mortal. There has been no mind but the ONE MIND, no being but the ONE BEING, no world but the ONE WORLD, namely, SPIRIT OR PURE SPIRITUAL CONSCIOUSNESS.

The time-worn, moth-eaten doctrine of sin, separation and translation is crumbling into oblivion, for it is totally unrelated to the Eternal Infinite Truth that GOD KNOWS HE IS THE ONE ALONE. When electricity was revealed, it superseded the use of former lighting means. There were those who scoffed at it, continuing on with the light they had, but electricity remained. Some will not want to accept the Revelation that the entire world of Being, Individuality, Embodiment and World is an INFINITUDE OF SPIRIT which can be known by those who, leaving the superficial ways of becoming -- ever looking farther and deeper into Reality Itself -- come precious jewels of SPIRIT, which ever abide in the depths of the HEART.

No teaching but that of the ABSOLUTE declares the Existence of ONE MIND only, right here and now; ONE SELF, ONE LIFE, ONE INDIVIDUALITY, ONE EMBODIMENT, AND ONE WORLD. All other teachings place PERFECTION and THE INFINITUDE OF THE ONE in a future time and other realm -- not in the present here and now. The WAY OF SPIRIT cannot be found in any creed, practice or method of religion, for all their ways teach and accept two of everything -- DUALITY.

A single flash of divine or spiritual Light is comparable to the finding of a most precious jewel. Nowhere can these jewels of Infinite Spiritual Light be found except beyond the teaching of dualism. Here, in the glorious Revelation of THE ONE INDIVISIBLE PURE AND PERFECT WHOLE MIND, BEING AND

WORLD, our spiritual wisdom, glory, peace, contentment and satisfaction are an enduring experience. How long shall one contend that there is another?

Whatever teachings need to be dispensed with, whatever teachings believe God not to be the only One, let them be supplanted by what the HEART sees and says as the LIVING TRUTH, verily, GOD IS THE ONLY ONE! GOD KNOWS HE IS THE ONE ALONE!

Let the HEART answer these questions, as follows: Did GOD see evil? Did GOD see another existence besides His own World? Did GOD make a mistake, repent of His mistake and grieve because of it? Did GOD plan redemption and restitution? Did GOD become less than the total ONE and ALL? What world does GOD intend to redeem -- the World of HIMSELF -- or -- another World? Never can we know the Truth of GOD and the Truth of ONESELF until this Truth is revealed to us by SPIRIT.

Now comes the question, "How can I be healed?" Let one first of all ask himself, What I is in need of healing? What mind or body requires CHANGING? Does God know aught besides Himself, if He is the only Mind? The only way that one can ever know the Truth of Being is AS this Mind. To BE this Mind, one must trample under foot the teaching that we are now other minds and bodies living in another world besides God's perfect Universe.

"No one can serve two masters; either he will hate the one and love the other or else he will stand by the one and despise the other -- you cannot serve God and Mammon." (Mat. 7:34 -Moffatt Translation.) Ask yourself, Am I believing I have a mind, a will, a choice, and a body of my own? Would one think he needs changing unless he were serving a second teaching -that we are living now in a temporal human existence, and that man and the universe must be translated back into Spirit? Remember this: GOD KNOWS HE IS THE ONLY ONE. God says: "I AM GOD ALONE." (Isaiah 46:8 -- Moffatt Translation). God knows no second mind to be spiritualized; no second body to emerge into Spirit; no second being to be resurrected; and no other world to be reached after death.

The whole report and structure of DUALITY is based solely upon MAMMON -- mythical, heathenish, fabulous deities and powers, THE ETERNAL GOD IS ONE GOD -- unrelated, timeless, spaceless, alone without a second; unchanging and unchangeable; perfect, pure, Almighty, Absolute, Supreme. An acceptance of the ONE "I" can take place only when one lays down the belief that he is someone of himself -- not the ONE I alone. Who is able to do this? Only those who are strongly devoted to God, who love God above all else, for to them only does God reveal himself. We

must see in our own Heart that God is the ONE alone; and that God does not know ANOTHER. They who see and accept this ONE GOD, ONE I AM, will preach and teach accordingly.

The ONE "I" knows Its own Mind and Individuality, as itself; and that no other minds or individuals exist. The former teaching, that we are idea of God, expression or manifestation of God -- though in advance of other former teachings -- must now give way to fuller Revelation. No personal I ever existed; nor personal minds or thoughts, nor do any personal lives or I's exist to be saved. Is it not only because of the present teaching that we are not yet the One Mind, the One "I", that the belief in the necessity for healing continues? The whole doctrine of humanity and healing; mortals and regeneration; personal I's and resurrection, persists only because of the general teaching of Adam and Eve, serpent, temptation, sin; separation of Individuality from God; Satan, devil, evil, tempter, human mind. GOD NEVER CONCEIVED ANY OF THESE IDEAS! There has been no second mind, and neither a third mind called "race belief," -- a mind representative of humanity who advertises specific afflictions.

All invented ways of passing from matter to Spirit from man to God, are fraught with contradictions, ending in failure. "I," THE ETERNAL, STAND ALONE. GOD IS AMONG YOU ONLY.

### GOD ALONE

If one believes he is in need of healing, let him listen to the Instruction of THE ABSOLUTE on this subject. An analogy of the sun and its infinite rays is amazingly explanatory of GOD and His Infinite INDIVIDUALITIES. How clear and certain, that a ray of the sun is nothing of itself at all; a ray is the sun itself, since the sun is its own infinite rays. The sun is not composed of anything; it does not include anything; it is one identity -- sun -- throughout. It has infinite rays, but this is only another name for itself. Its rays are itself, the sun. Rays are not of the sun, nor is the sun the self of the rays. The sun acts as one whole. The sun is all.

Were the sun conscious, it would know its rays as itself, and the rays would know the sun as their own being. Nothing of an external can possibly enter into the sun's rays. Their immunity lies in the fact that they are nothing of themselves; they are the all pure sun.

Following this same perception, it is revealed that GOD IS HIS OWN INFINITE INDIVIDUALITIES. GOD knows His Individualities as HIMSELF; and His INDIVIDUALITIES know Him as their only Being. If one believes that

God is not His own Infinite individualities, but that one is someone of himself, his attitude is defined in Galatians 6:3, as follows: "If a man thinketh himself to be something, when he is nothing, he deceiveth himself." it is because one believes he is not in God, the ONE "I", but is an I of his own to be healed or changed, that he constantly strives for regeneration, healing or realization. IT IS UTTERLY IMPOSSIBLE FOR ANYONE TO BE WHAT HE CANNOT BE. God's Individualities are the ONLY Individualities that have existence. The real Truth one cannot know until he is willing to humble himself, and give up all belief in oneself as someone beside GOD. As a ray of the sun is not a ray of itself, but is the sun itself, even so, one is not oneself, he is the ONE SELF -- GOD. Until one knows himself as GOD knows Himself, or GOD knows him, he must carry on with the "chopping of the firewood," as related in the story of the woodcutter.

If only one will give up the belief in oneself as a material, human, mortal, physical person or individual, and be nothing of himself in his own sight, then the Light will dawn; he will know GOD as his only Self; his belief in healing has passed away.

GOD is the "I". and the "I" is GOD. There is no he, she, you, me; Mary, John, animal, bird, forest, water, and so on, as such. This is the "I" alone, the "I" is ALL there is. "I" am GOD alone. Not I, John, or John, I, but I, I!

There is no "I" as Mary, John, you, me. It is I, God; God, I. I, SPIRIT; SPIRIT, I. I, without birth, without creation, age, time, or end. I, without matter, mortality, personality, self. I, without sin; I, without change. I, without problem, sickness, sorrow, death. "I am the Eternal, the true God; that, this is my name; I yield my glory to none other." -- Isaiah 42:8 -- Moffatt

Let us now answer the first question which is, "Can there be one God and many of us?" We know there is one God only, yet we see many of us. As an illustration which will throw some light on this subject, let us consider a tree and its leaves. In your Mind, you can see one tree with many leaves. Of course, you must know at the outset that this tree in your Mind is an IDEA, which is immaterial and incorporeal. Now consider carefully a question which I will ask you. What is the relation of a leaf of this tree to the tree? Generally, one's first answer is that the leaf is part of the tree; or the leaf is one with the tree. These answers will not do, for the reason that IDEAS IN MIND CANNOT BE SEPARATED INTO PARTS. Inasmuch as the tree INCLUDES leaves, the answer may very well be this: THE LEAF IS THE

TREE.

However, we can expand our vision even beyond this answer, as you will presently see. You may have believed that the greater *cannot* be put into the lesser. Certainly, this statement is not made from the basis of Spiritual or Cosmic Consciousness, which basis alone is Truth; for here there is no size, weight, space or measurement -- no greater or lesser. No space exists in our Mind, nor can an idea in Mind be measured. We can entertain the idea "forest" as easily as we can a single tree. Mind or Spirit knows its World to be spiritual ideas and forms. No outer world of structural or material objects exists. Remember this! Spirit is ALL; thus, ALL is Spirit. Turn your attention again to the tree illustration, and this time expand your vision to behold that in Mind, there is no greater or lesser thing. Everything is immeasurable and inseparable. Since the tree is not in parts, but is a whole, then the whole of the tree is "tree" throughout. The full perception of this arresting fact should now be your inspiration that -- THE TREE IS THE LEAF.

Cosmic Consciousness is the dominant note of today! In this Consciousness we perceive that Life, Mind, Being, is a WHOLE, without parts; that the ONE Being is the SAME Being everywhere, throughout its Infinitude. As our love for Reality deepens, and fuller Revelation is revealed to us, our vision and our understanding are identical. Previously, Revelation disclosed to us the astonishing fact that I-Mary, I-John, am the one Mind, the one Being, Spirit, God. Now, in the Light of the new Revelation -- THAT GOD IS A WHOLE, AND THEREFORE GOD MUST BE SEEN AND KNOWN AS A WHOLE EVERYWHERE AND THROUGHOUT -- the glorious Illumination must be that IT IS GOD, THE ONE MIND AND BEING, WHICH IS I-Mary, I-John; you, me, us.

The Fullness and Allness of God is in you, in me, and in everyone: for the Fullness and Allness of God is everywhere THE SAME ONE. We are the One by virtue of the fact that THE ONE IS US. This insight and awareness completely dissipates the belief of "many" selves, "many" minds, "many" individuals, and "many of us." God -- as a Whole -- is infinite individuality. Distinctiveness and variation of beauty, color, outline and form are in and of the One-All, which is here, is there, is everywhere THE SAME ONE. It is you, It is me, It is everyone, without sin, without change -- Pure, Perfect, Complete.

Lillian DeWaters