Molested

Pushed Aside

Denied

And Forgotten

By Mark Louthan

Foreword

I was always asking myself, why, why did that person do that to me. I must have asked myself that question thousands of times.

If you are ever going to have anything to say in this world worth saying, you will need more than a sentence....more than just a few sentences.

For someone to just understand the hurt, pain, and rejection they suffered is not enough.

For some people to become healed is still not enough.

There are those that must become Overcomers. By learning God's word these Overcomers, overcome their problems, and again through God's word overtake the wrong, so that God's righteousness will be manifested.

These people are freedom seekers, and they shall find freedom, Mat 7:8.

And Jesus said "and greater things than this will you do! "

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Chapter One

It Happened

Yes it happened. We all know what it means. No two molestations are alike, even in sexual abuse, some are worse than others. The thing is, it happened; that was bad enough. The tough, difficult thing for me, and I know for others, are the effects, the aftermath if you will, the overcoming of this junk.

This is what this writing is about. What happened, happened. It is in the past. The present we can do something about! From here on out, if it is a bad apple we don't have to eat from it!

So, in learning to deal with our present, and to overcome as one of the Lord's own, it's time to take a walk through the Lord's garden, time to eat of the Lord's fruit. There is plenty for all! It is time to allow the Lord to shed some light, and to hear from the Holy Spirit!

Chapter Two

Shame and Guilt

Isn't it great to swim in a pool on a hot day, enjoy ice cream or whatever dessert you like? How about an Amusement Park or Disney World-what a blast! Life being life, it has its ups and down for us all.

Down, down, down, down, that's how it felt, into a deep dark pit. At times it was so dark I wondered if I would ever, ever see the light of day again.

I believe one of the hardest things to deal with, then to walk out, then to overcome, is the false shame and guilt one feels. Ask anybody that has been molested or sexually abused; often many will find it hard to explain. The feeling is often overwhelming, and intense. Only those who have gone through it, know it, and really understand it. It is like falling into a dirty, smelly puddle of thick mud with dead matter in it. Even after you wash it off, there is still an undesirable smell.

How many endless times did I feel this; the shame, and the guilt, (as if I could have done something to keep this from happening). When you are very young, you are not likely to understand that there are perverts out in the world.

Somehow, someway, this highly undesirable junk enters into your life, and you are fighting a battle you did not start.

Afraid that people will find out, and you will be looked upon as if you are a freak, a lesser in society. With all the undeserved shame and guilt, you withdraw. You hole up within yourself, even to the point of feeling like you are not a part of society, in some cases even friends and family. All this occurrs even though you did nothing to deserve it.

Chapter Three

Why?

All of this lead me to a great big why? Why, why, why did this person do this? I must have asked myself this question thousands of times. It was as if I could not stop asking, and it would not stop, for years and years. I allowed it to take or steal years from my life, not being able to ever get a grasp on the answer to why. What an obsession, however, this why, why, began to develop in my mind.

I learned to ask why for many things, all kinds of things. Why is there so much wrong in the world? Why did that politician do that, doesn't He or She know he or she is hurting us the taxpayer, the backbone of our country? Why does that country treat their people that way? Why is it that people don't seem to care anymore? The list goes on and on. With all of the "whys" I asked, there was a gap, a

tugging, a pulling, and a tormenting gap. The gap turned into a void. The void was huge and my innermost feelings demanded that it be filled.

This is like a spark that lit the fire, the catalyst that got the process going. Here is where I began to find answers and solutions. Learning is good. When I learned the principle of learning to learn, things began to get easier, and to come faster.

One thing I believe that could have helped me greatly and I do believe ever so greatly, is this:

I could never answer why, why did that person do such a thing to me. After asking myself that question thousands of times, and not being able to answer (at the time) that neverending question, I came to realize some things one day. If anybody (and I do mean anybody, even the town drunk living in the gutter), could have said, " They do not understand why people do such things," this would have helped me out greatly. I cannot stress this point enough.

Chapter Four

Fear- Would It Happen Again?

Is there such a thing as experiencing overwhelming fear? Sometimes I wondered why God allowed me to go through so much fear alone. I can only imagine the number of books that could be written on this subject.

Many times I had nightmares that it might happen again. As a child it made me feel very fearful, especially with no way of knowing what to do and feeling very alone and isolated on this subject.

You are afraid people will find out about the molestation and you will be looked at as if you are a freak, a soiled person, someone with something wrong in them who is a lesser in society. This goes along with all the false shame and guilt, even though you did nothing to deserve it, you stand alone and in solitude.

As a young person I had often heard of homosexuality as a sickness, a disease. In my mind would be the thought...... this being the case, is it catching? Would I catch it and be one too; is it possible?

Having understanding as only a child could, I was fearful that I might become a sick animal like the one who molested me. The fear and anxiety made me gravely distraught. Seeking no help and avoiding condemning eyes was the walk of fear and anxiety. With these emotions and very negative physical feelings, I began to withdraw within myself more and more.

There was something that suggested that this is the way it is. While attending a large University I met a lot of people from many walks of life, which included homosexuals. A few had told me they too had been molested when they were young. For some reason there are people that seem to accept the abuse as the way things go. My prayers go out to them.

Back to dealing with fear, I would wonder why God would allow a young person to go through so much fear. That's just another reason God had the bible written by His Holy Spirit.

Before David became King, he was just David, the youngest of eight brothers.... the low boy on the line, so to speak. He was so low that when Samuel came to anoint him to be king no one in his family could think of him as being worthy for such service to God. This is the same David that slew Goliath!

However, before David slew Goliath, as a young boy David took out a bear and a lion. He was just a boy in the wilderness who himself could have been the target of a hungry Bear or Lion. Do you see the stepping-stone principle here? David could have been scared to death, or at least a little fearful of losing his life to a bear or lion. Fear could have conquered him. The lion or bear could have

killed him but they did not. He conquered fear and overtook the lion and bear. The next step was to take out a wretched giant who would have killed David if he could. These are the steps David took and the stones he walked on, a progression, an advance in rank, the rocket that launched him into his great walk with GOD.

Recently, I finished watching a documentary series called "Band of Brothers". It was a documentary about the 506 Parachute Infantry Division, Easy Co., 101st Airborne, World War Two, European Front. This was a Special Forces Division that often parachuted, during the war, sometimes behind enemy lines with a main objective of taking out the enemy, thereby allowing an opening for our troops advancement, and keeping the casualties on our side down as far as possible. If they were not doing this, they were in regular battle. In other words, they were often in the thick of battle. Throughout my years I have talked to people that have been in the Special Forces, for that matter, also soldiers in the regular Armed Forces that have seen heavy battle. Without reservation, at one time or another, all have experienced negative things like fear. If you can handle (not necessarily the small things but) the smaller things in life as compared to the huge things, as in life and death battles, then you can handle it so much better. This is the long way around in saying that life's battles can be a stepping stone for all of us.

Chapter Five

Guilt Projection and Rejection

Guilt projection and rejection often go hand in hand. One by itself is bad enough but both together, especially if the one on the receiving end is a child, can be one of the most severe and devastating forms of abuse that anyone can receive. I believe in my case it did more harm than the actual molestation, because the guilt projection was partly about the molestation. This does happen with some people.

You may be asking yourself. "Just what is guilt projection?" In a nutshell, guilt in the case of this writing, is false guilt is being projected, as in cast forward, thrown out to someone expecting that person or persons to receive the false guilt as if they deserve it. Allow me to clarify myself, as in any situation a person can be guilty of doing something wrong. Sometimes, or most of the times, the person on the receiving end may not have intentionally meant to do a wrong. However, the projector may try to take the failure or mistake to a low point or make it sound as if the person or persons in error actually did not care or meant to do wrong the whole time. In the case of the molested, they are innocent, but through guilt projection often they take on false guilt.

Let us take a look at the false guilt a little deeper. Can you imagine or you may have seen, experienced or for that

matter probably experienced seeing a child or young person (possibly even an adult) being forced to listen to a statement or statements of false guilt, unproven, unfounded allegations. They not only have no proof but are purely fabricated or just half truths. AS IF the statements made are completely true and the victim is solely at fault! That includes blame and guilt being projected to the sexually abused, molested, and also the raped.

On top of all this, the false guilt could be screamed at the victim like they are some mental freak who has no clue to their "so called" obvious guilt. In addition to this, the victim could be subjected to this for many years with no one around who could stop or hold this person accountable for the abuse. This subjection whether a little or a lot, amounts to being a man made false guilt trip, forced into a victim's mind. I am sure it is easy to see how a child could become confused, upset, terrified, and/or develop a mental disorder.

Yes, a child or a young person or even an adult can make a simple unintentional mistake. However, when they have been sexually abused, molested, or even raped, they do not need a psychological terrorist mentally and verbally abusing them. This eventually can make things so hellish that the sexual abuse, and/or molestation, and/or the rape is now in second place to the hell and torment of the mental and verbal abuse. Again, the molested are innocent.

As you can guess, the child who senses or feels that they themselves are being blamed for their own molestation, in addition to anything else, is under mental and even physical torment and hell that is hard to describe.

Some may say, "Why not go deeper into what happened? Why not go real deep into the hurt and pain, in order to minister healing?" A person that is trying to help the abused must first realize that the abused or molested has a serious sore, a pain, a hurt. If the abused/ molested goes back to his past it could cause a lash-out at the person or persons who caused this pain plus the additional pain to the sore and hurt they already had. This is not going to allow the healing. It is going to allow them to wallow in the hurt and pain. This wallowing allow you to stay and/or even keep you in the past. That person will go no where.

Often what the Lord does is....well be the Lord, and the Holy Spirit....what else be the Holy Spirit!

More on that later. On the rejection, the whole purpose behind the guilt projection is to force a person or persons away from the projector, in other words, rejection.

Why do people make such morbid false statements? They are covering up their own lack of responsibility and guilt. Sometimes these people must put someone down since they feel they cannot come up. This, in turn, provides them with a sense of false superiority. I could go on and on with this subject, but it will not help anybody. My purpose is to help people to get set free, and that is why we need to keep moving.

A very, very important note. All of us who have gone through this very hard ordeal need help, answers, and guidance. Any bad feelings, or rage that lead to revenge, or going off the deep end could lead to more problems. I understand rage; sometimes I feel it could have killed me. The only thing that will make any real sense, shed any real light, make any real true difference in our lives is to receive healing, overcome and eventually to get set free of all the binds, entanglements, and deceit in this world that we live in. One day you will eventually be able to help someone else that is in great need.

Chapter Six

Mental and Emotional Voids in Mind and Life

There are many, many people out in the world today who experience at least one, likely more than one, void in their lives. Void, as in this writing, is intended to convey emptiness inside a person. As an example; the mind an empty space, the body an empty place. There is an inner desire of need, a feeling of want that you don't know how to fill, a very hollow feeling. This is mainly in the mental realm including the emotional realm, however the void is so strong that it manifests in the physical realm as well.

What happened from a mental point, the shock of what happened, the relentless pounding of the false guilt and shame, the endless questions of why, the fear of it happening again, the deceit of the guilt projection, the mental and emotional voids, the feeling that you are equal to or less than an animal, and being forgotten, are there in an overwhelming way. This explains why and how a person can experience all of the preceding in the physical realm as well as the mental realm. These experiences are so negative, severe, tortuous, and deadening that it leaves a void in a person. You may have heard the phrase "He was just a shell of a man."

So much emptiness! There may be the loss of a relationship or relationships. People who have not walked out being wronged do not understand those who have been "wronged." The loss of a home, a place of belonging, things that have had a meaning, good experiences, and other things that we have in our growth, love, joy, fun, peace, and happiness. Present is the sense that you are alone in this, an empty feeling on the inside, and on the outside a picture of no hope and no help, with no one to understand you.

The mind that was there before is not there afterwards. The intellect and thinking ability just does not function as it once did. The mental capacity is diminished, either for short or long periods of time. In very extreme cases it may never come back. The normal emotions, expressions and feelings can be lacking or not be there at all. One of the

things that happen with victims of molestations (that is hard for them to pinpoint just what is going on) is the mind blanking out. You can be in a normal conversation or just enjoying the moment and suddenly without notice or reason, your mind will just blank out. Your thoughts are gone; it is as if feelings and sensations for the time do not exist. You will find yourself asking for sometime...."What is happening? What is going on." You are greatly perplexed. All is not gone read on.

Chapter Seven

Feeling Less Than an Animal

In these writings there could be more depth in many details. If this is so why not? It is indeed important to understand and relate to other people's experiences. This can lead to help, healing, and through God's mercy, freedom.

What is purposed not to do is get a reader so deep into their past, that they have a meltdown, and/or go into deep depression, and/or act out their rage. This could get someone hurt, or into deep trouble. It is best to take the easiest road out, for that is plenty hard enough. That is why the writings are kept short, to the point, and moving right along.

Now, how does a person come to a painful feeling that they are equal to or less than an animal? Just how in the world could something like this come to be? Is it possible?

In this world anything is possible, and absolutely for a person to feel less than an animal is possible. It is easy for a homeless person to feel this way when he sees ordinary (day-to-day) people walk with dogs that are in better shape than he or she is in. It is easy for a slum dweller to feel this way when they hear that a billionaire has left millions to her cats when they are living in poverty and in desperate need and want.

It is also very easy, especially for an innocent child to feel less than an animal when more attention is given to an animal or animals. Therefore if a child is experiencing one or more things written in this book (especially the devastation of sexual abuse and/or molestation, and let's include rape) it becomes easy to see and understand how a child, even an adult can feel less than an animal. For the people that have gone through this terrible ordeal, know of the empty, deprived, and excruciatingly painful feelings that often drive a person to deep, dark depths that are very difficult to describe. Many do not want to talk about where these depths have driven them.

You do not have to be behind bars to be in a prison, nor do you have to experience fire to feel like you have been in hell. For many people this has been a different kind of hell!

Chapter Eight

Pushed Aside, Denied, and Forgotten

If you were neglected after the abuse, you felt pushed aside. If you were refused when seeking help, you felt denied. If there was a refusal to even acknowledge your abuse you felt forgotten.

It should be noted here that many of the people in our lives have not experienced what we experienced, and often times do not realize that they have pushed us aside, denied, and forgotten us. Some do not care enough to be sensitive.

It is just that simple, that depressing, that pitiful......that is reality. The neglect and refusal (regardless of ignorance or lack of caring) can reach so deep, be so severe, feel so real, that you feel and see yourself as if this is who you are and what you are about with no real purpose in life. This is a very good example of "walking it out". Only by you, yourself walking it out, going through these types of experiences are you able to see, know, and understand some things in life. There is a price to pay. Yes you, me and everybody else must pay their dues in some way or another in order to learn, gain knowledge, so that we may go forward.

Will you be perfect, will you make mistakes? Who has not made their share of mistakes? It's a matter of getting back up, moving forward again, and then as you keep getting back on the narrow path you begin to see clearly and understand that our great Lord has a plan that few (in the past) have taken the time to discover. Seek and ye will find, it's God's principle, it's His word.

Chapter Nine

Your Choice, the Road to Freedom

All of us at one time or another have experienced sores and wounds, both physical and mental. Sometimes they go away, and other times if not taken care of they can become irritable, fester, and be painful. In more severe cases where there is neglect, a sore or wound could degrade to blood poisoning which could lead to gangrene. Here, if nothing is done, death is sure to follow, short of a miracle.

You may say to yourself...."I can see how a physical sore or wound could cause such problems, but how can such a thing happen mentally?" The mental which is the unseen part of us, can just as easily experience injuries. The main difference is that we don't see other people's pain, torment, and hellish past unless of course we ourselves have been there as well. If we walk it out, we too will feel it and know what it is.

The results of the bad experience are not pretty and people do not like talking about it. However, when you are talking about the human body or the body of Christ sooner or later there must come healing! Not one of us can go farther in our walk of life, and even more so in our walk with the Lord when we are carrying a weight that we were never meant to carry. I do not believe I have ever seen anyone go into a good future while carrying the problems of the past.

Allow me to clarify myself. There are people that do go into the future while holding onto their dark past. A good example would be Adolph Hitler, a man that many say had a dark past. Hitler took this with him as he went into the future. Of course the rest is history.

Speaking in a physical sense, the human body was meant to repair itself on a minor level. Whether speaking on a physical or mental level, God's people were not meant to continually be walking around in a state of disrepair. They were not meant to be living in fear, hurt, pain, and torment along with irritable and festering sores and open wounds that only grow worse and worse and devour like cancer day after day with no hope of escape.

All of this is can and will manifest before friends and family, in the workplace and business, on a street and in public places. When seen by people who do not understand what is going on in your life, it can seen as something minor to something not pretty. It eventually becomes apparent (that no matter how big or small the signs are) these feelings, remarks, replies, and even outbursts are fed

or brought on by the abusive past that was not dealt with. All the while it beats you down, down, down.

Was it your fault you were abused? NO. What about the very, very negative feelings and emotions that accompany the abuse? No one with any real good in them is going to condemn you. How about the sores, wounds, torment, et. al., to some minor extent or another every one has had them at one time or another.

Can a soldier function with a bad wound? Not really. Should a Doctor perform an operation with a bad sore on his hand? Not if there is any chance it would hinder the operation.

A good example of someone going into their future (as God intended) would be someone you respected and admired that had less than a desirable beginning. Regardless of how bad it was, they refused to let the weight and the difficulties of the negative past decide their future.

Therefore, there must be healing, overcoming, and eventually total freedom!

Relax....our great Lord meets us right where we are at!

Chapter Ten

Coming to the End of Yourself

Much can be said about coming to the end of yourself. A whole book could be written about this. But what of it; what is significant about this?

Far too many people have tried to go it alone in this world without the Lord. Even many believers have not had a true concept of "coming to the end of yourself". This is where many have missed it, totally, even.

Although this is not always the case, let us take a look at one of the seven greatest mistakes that throws people. I believe that anyone who has done or attempted to do anything, at all in their lives worthwhile, has experienced pride. No condemnation, this is people. God's word says that pride comes before a fall. Pride is a lack of acknowledgement and/or the absence of the Lord in your life. It is also known as a failure to consider or counsel with the Lord. Failure is often tied to pride, but not always. When you do something "all by yourself" there can be just enough pride there to allow in a mistake, sad but true. This believer can testify to such a simple very easily made mistake.

Do not get the idea that God is waiting around the corner to jump us at the first chance, no, no, no. Our Lord is not harsh, mean, vindictive, condemning, or just plain out to get us. If that was the, case everybody would know it for a fact and be in a state of constant fear.

Pride is our choice, our decision to go it alone if you will. It is a conscience or even a subconscious decision to do or not to do something. Here again it is so easy to make the wrong decision and take a fall. I would often mentally beat on myself when I made mistakes, especially when I believed the mistake was obvious and should have been avoided. It took me a long time to realize that my Heavenly Father was giving me time to learn. Yes, it took me a long time. What can I say.....we have a very patient Heavenly Father.

As I learned not to condemn myself, I learned to "come to an end of myself". As I did this, I was able to move on in my walk with the Lord.

Chapter Eleven

Gates

Has a family member or friend ever showed or told you something that completely introduced a totally new picture into your life that changed you forever? Have you ever read a book that suddenly showed you an answer, allowed you to see a brighter clearer picture, or even help you to see who you really are? Perhaps you saw a movie, a

documentary, or heard a story that all at once opened up a whole new world. Answers popped up that you never dreamed were there! Hope you never imagined appearing before you, a life you never could have envisioned until you walked through that gate. This is the point-until you walked through that gate!

So many people have missed this point, this easily-missed principle, this literally "portal into a supernatural walk". Anyone who desires their life to change into something worthwhile and/or meaningful walks through this gate.

What is so significant about this principle? First of all, a word of counsel. Check you attitude. The world will waste your time and take advantage of you. The Lord will not.

What is so important about the gates, this principle? Matthew 7:13 "Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it." Notice the gate is wide and the road is broad, plenty big enough for the world to travel, no hard time finding, very hard to miss, is the road to destruction.

Verse 14, "But small is the gate and narrow is the road that leads to life and only a few find it." How small is this gate, how narrow is this road that leads to life? It is small and narrow enough that only a few people find it. That's it; that's the point, only a few ever find it. Does it mean that the rest are hopeless for all eternity? No.

Let us go back just a little. Verse 7, "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Verse 8, "For everyone who asks receives; he who seeks finds; and to him who knocks the door will open."

What our highly, highly anointed and very, very holy Lord is showing us is "the way". Why so few ever find the gate is another story. These are, of course principles. There are many, many kingdom principles; I will elaborate on a few of the principles a little.

"Seek and you will find." If we are looking for something that is of God then we must seek and seek until we find it. Once you learn the seek principle, you will begin to find. The gate that many are seeking to find (and will find it if they keep seeking) is a gate opened to people who have asked about, sought after, found, and made a decision to enter. This is when, where, and how the answers start to come. These are answers you never dreamed of, never knew existed, surpassing all your hopes and understanding.

You may be saying to yourself....."What did I miss," or "I read the bible... what did I miss? How do I get past some stuff to get what this man is writing about?"

Much of it will not come easy and it will not come overnight. Learning is good, it is essential, even better than that is learning to learn. Here is where a lot of ground is covered. Wisdom is indeed a principal thing. James 1:5

says..."If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him." This is another kingdom principle that very much turned on the lights and showed me the way.

As I learned these principles, I began to see who I am, what was going on in my life, why I am here, how I was going to walk things out in my life. As far as when things are going to happen.... it seems I can never be sure of, and where I am headed.

In all these things you are learning God's way and meaning, not ours. Here are the paths that we seek on and the roads to the gates.

Kingdom principles could go on and on and on. This is not bad. However it's time to move on to the next chapter.

Chapter 12

Relationship

Yes, it is essential, an absolute, that we all need answers and help at certain times in our lives. The answers and help are out there, often right in front of us. Therefore the question is how and where does a person get answers and help? That is real, true, life giving, problem solving, hopefulfilling answers and help. May I add without having to pay great dollars to receive? Can we get help from our local church bodies? More than enough I have seen preachers speak against sin and missing the mark. They would wind themselves up, take a big draw of air and say. "People need to do thissa.....and people need to do thatta." Kicking their legs and whipping their hands about as if in a flurry of some type, off they would go on a tirade. I am sure that many of them meant well. However, I never learned how to walk out thissa and thatta, mainly because they could never tell me how to!

These same people, would tell you how to, in their own way, but I never saw much progress in their lives. In fact, when I listened to some of these preachers, by the time they would get through talking about God and the devil; they would make God look weak and frail with the people wondering who would win in the war with the terrible monstrous powerful devil. All too many times I would leave a church or service not with great learning, but with fear that one day the devil might win this war, and I would be in the worst trouble anyone could possibly imagine.

The preaching of hell was guaranteed; sooner or later I would hear it. It was bad enough hearing about hell; that is the way they put it. Too many preachers talked getting saved all the time, or you better repent daily, if you don't, you could end up in a fiery hell! I began to feel that if I slipped up even once, dying unexpectedly and did not get saved the right way or repent daily, I may be looking at hell for all eternity. What is wrong with this picture?

After several years I began to question these statements. How could God have in His written word love and forgiveness, with all the meanings that it has and yet send people to hell for all eternity? How could God send me or another believer to hell forever if I forgot to repent, or forgot to get saved that day? None of this was making sense. It took time plenty of time; eventually I realized that my God was not some monster waiting to throw me in hell the first chance He got.

Speaking on love and forgiveness, we all know that the bible states that we are supposed to walk in love and forgiveness. Since we have been through what this writing is about, it is easier said than done. I would hear people say, "You have to forgive." "You are supposed to walk in love".

Here again many, maybe all of these people, had never been through the misery and/or hell that this writing speaks of. So just how does a person love and forgive, how when your hurt is pit deep and your scar like a third degree burn? Yes, how do you do this when somebody that is close or supposed to be close to you hurts you beyond description? If you think you can walk this out in your own power, you are badly, badly mistaken.

Yes, I too learned of my human side of lack and missing the mark. Though it took me a long time, in fact a very long time, this is extremely important; so that the next step can fall right in place. That is the revelation that our God meets us right where we are at, in the shape and condition we are in! Without this revelation there is, all too many times, a great barrier between us and God, Jesus, and the Holy Spirit. One of the great things our heavenly Father is doing now is taking down the barriers that separate us from Him.

God has always had direction, purpose, and answers for His people, never slipping on the ice, never falling into the mud. Missing the mark of perfection is not something God does.

There is so, so, sooo much too know and learn, so very much. You will learn something so neat, so great, so very useful and helpful and think that you have the world by the tail. However, before long as you keep on learning, you will learn a universal principle. That is the more you learn, the more you realize there is much more you need to learn.

Once you learn a principle or principles, you realize that there are now certain things to walk in. The revelation of new things to walk in goes on and on. Along with this comes who you are, what you are doing, why you are doing it, how are you going to do it, and even the when and where you are going to do it. It becomes overwhelming, heavy, more than you can do. You realize it is way, way too much to try and handle by yourself.

If you have already experienced this, you understand. If you are starting to see the picture, then you are probably saying OK, OK I am beginning to see the never-ending learning that is going on in my life. Regardless of who you

are, you are probably asking....."Then how, how do I do this; how do I walk this out?" There is no shame in this, none at all. No doubt millions of believers have asked this question many times to themselves. I have likely asked this question hundreds, even thousands of times myself.

So how does a person get to the place of not just healing and overcoming but also total freedom? There is no way a person gets there all by themselves. For us to walk in this, we must become this. To become this, the Lord has to make us, build us up like a house. Mat. 7:25 The rain came down, the streams rose, and the winds blew and beat against the house; yet it did not fall, because it had its foundation on the rock.

Webster's dictionary defines foundation as 1: the basis upon which something stands or is supported. 4: an underlying natural or prepared base or support. To learn, grow, and mature, we must be built up, and that starts with a foundation: a foundation that is built on God's word, God's kingdom principles, God's covenant, and God's plan. Once this foundation is built, the rest of the house can take off.

That is, once we have learned about wisdom, knowledge, understanding, instructions, God's promises and God's plan for His people, a basic understanding of His word, then we are not toppled over easily. That's it, a good foundation! Then our God can move us on to greater things, such as finalizing the house.

Let's subtotal all this. We go through something very difficult; the effects are hard too. At times unbearable to walk out, we begin to come to the end of ourselves and then we start to look for more than just being healed, more than just a few answers, and more than just a little of God's light in our lives. After a certain period of time many of God's people look to overcome, to have total freedom. They realize they must be able to forgive to put the past in the past. There is this feeling that a greater amount of love is needed in their lives. They realize that the Lord has been healing this body, and now the Healed are looking for a way to fill up the body with the promises that God has in his word. At this point you understand and see more than ever what needs done. The question now becomes...how? Just how do I do all this? It seems nearly; to absolutely impossible. There is only one answer....relationship!

Relationship....a connection, a mutual interest. This is the only way to ever answer how all these great things will come about. This is the answer to how the impossible becomes the possible! It is the only way we can truly walk in forgiveness and love like the Lord spoke of; we just cannot do it on our own! It is the only way we will ever be able to learn all God wants us to learn and mature so that we can move on in life! This is the lead answer. All other answers follow.

How did Moses lead the Hebrew people through the desert for forty years? Moses did this through his relationship with God. How did the Hebrew people supernaturally get food? There was a relationship, not yet founded, but developing. Why did the desert swallow up thousands of grumbling, complaining, and rebellious people? Because these people resisted covenant with a man who was in a direct relationship with God. Have you ever wondered how Moses parted the Red Sea? He didn't. God did! It was done because of Moses' relationship with God.

Later on it was time for Jesus, so God sent Jesus to the earth. Is it not interesting that Heb 5:8-10 says, "Although he was a son, he learned obedience from what he suffered. And, once made perfect, he became the source of eternal salvation for all who obey him and was designated by God to be high priest in the order of Melchizedek."

Jesus had to learn obedience? Yes Jesus had to learn obedience. Isn't that interesting, the only begotten son of GOD had to learn obedience? Then Jesus became a priest in the order of Melchizedek. Why? This is the way God decided it would be even with His only begotten son. OK then, how, how did all this come to be? Jesus prayed, and prayed often. Here is just one verse! Luke 5:16" But Jesus often withdrew to lonely places and prayed." How much more do we need than this? How does this spell out? A relationship of course; that's what prayer, praise,

worship and walking things out in the power of His might is....a relationship. This is where Jesus drew strength from and so shall we. This does not have to be difficult, not at all, however, I believe that we all have gotten so busy, especially in the big stuff, that at times we all miss something as simple as relationship!!!

This relationship is transferred right to us. In Luke 8:4, Jesus is speaking to a large group of people. In 5-8 He Jesus tells a parable (a short story) to the large crowd. Likely, very few if any got the meaning. However, in verses 9 & 10 Jesus' disciples knew there was a greater meaning and inquired as to the meaning. Jesus said "The knowledge of the secrets of the kingdom of God has been given to you, but to others I speak in parables, so that,

though seeing, they may not see; though hearing they may not understand."

How did the disciples even know that there was a higher meaning? How did the disciples get the higher meaning? Again it has to do with relationship; it cannot be substituted!

The disciples got answers when many people never even knew there was a question involved.

The disciples received secrets to the kingdom of God that other people never even knew existed!

There were Prophets of old who greatly desired to see and understand and know of certain things, but did not. However the disciples did!

These are all examples of the fruit of the kingdom of God that not everybody received.

This is how people who have questions find answers!

This is how people learn to walk the straight, narrow, and at times immensely difficult path that believers have walked!

The Lord knew we would need mercy, time, and a great, great source of supernatural strength and wisdom. He has given us time to see this and time to learn to walk in His love, mercy, forgiveness, and the power of His might.

No Jesus is not some mean Lord, some menacing monster just waiting to stomp on us the first chance He gets. Neither is God and the same for our comforter and teacher, the Holy Spirit.

A son of God comes to earth, spends time with God's children, dies a horrible death in order to serve God's people and do God's will. Does this sound like a monster?

IN OTHER WORDS, IF YOU ARE STILL MAKING MISTAKES, GOD IS NOT LOOKING TO CRUSH YOU!

Is this not great news? When I finally realized that GOD was not waiting around the corner to jump me and condemn me like some people would do here on earth, I was able to ease into my relationship with my heavenly Father and things began to change for the better!

It is right here in relationship that we learn God's principles. We begin to understand them in such a way that, it is as if someone just turned on the spiritual light for the first time. You begin to finally see the light at the end of the

tunnel, so to speak. In a manner of speaking you feel saved, saved from death, confusion, ignorance, misery, even hell on earth. What a relief it is to have answers and a start to see the way!

Now, if someone were to ask me, "How do I learn this, just how do I learn to do this?" Here is one of the most missed essential ways to the Kingdom of God that many, many have overlooked, and many are still learning, including myself. Our great Lord said, in John 14: 26, "But the Counselor, the Holy Spirit, whom the father will send in my name, will teach you all things and will remind you of everything I have said to you."

There it is, in a nutshell. God sends the Holy Spirit, to counsel, teach, and remind us of everything the Lord has said to us. There is just no way can we do it ourselves.

On giving you a quick idea how this works......God led Moses.....Moses led his people....cloud by day and fire by night. Yes, God meets us where we are at...and leads us to where He wants us to goThe key here is we must keep moving with God. God will not stay in one place forever.

Mat 16:25 Jesus says, "For whoever wants to save his life will lose it, but whoever loses his life for Me will find it." At times you may feel like you are at the end of your rope, you are losing your mind, or a host of other near-your-end scenarios, however if you give up your thinking, your beliefs, your own "self ways" for the Lord, walking this out in the power of His might (not, our own) you will

eventually find, discover, even trip over the life that the Lord has had for you all along.

So remember:

Move on past the Past, don't let the junk, the bad things that happened to you hold you back.

You cannot get there alone, no one does, and even Jesus spent time alone with the Father.

Relationship is not easy to describe; it must be experienced, and there is no substitute. Relationship with the Lord and the Holy Spirit is what our heavenly Father put in order. This is the order of our great heavenly Father!

Brothers, Sisters and everybody, BE BLESSED!!!

On a special note

On a special note, if you are an atheist or an agnostic, maybe it is time to leave out religion and try God without religion.

Maybe you should dare God to help you. What do you have to lose!!!

Ask

Believe

Receive!

Molested, Pushed Aside, Denied and Forgotten 2009

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