

MANY LEVELS OF CONSCIOUSNESS...

There are many levels of consciousness. The consciousness we experience as we go about our day is only one of many. When the body goes unconscious at night as the result of me leaving it, I travel through different levels or frequencies of consciousness. The body under normal circumstances sinks deeper in unconsciousness as I the consciousness leave it to enter what the physical ego man calls the dream. Long ago I had the word "Dreams" re-defined. Dreams I've come to understand are real.

They are just as real as what we think of as the waking consciousness, so real in fact that you cannot know you are dreaming until you re-enter your body and began to function on this reality that you assume is the real world. Try to follow me here. Whatever frequency or level of consciousness you find yourself on at any given time, that is the one that is real to you then, because you have created it just as you have this one. Consciousness is not something I have, it's what I am.

This is why I can never really die. Consciousness is what God is and God is my greater I AM consciousness.. This consciousness that I am is the creator of my physical body. I also am the consciousness that beats the heart and keeps the vital organs functioning. When we leave the body at night we leave just enough consciousness with it so as to keep the organs functioning and we travel inward in consciousness. At the more shallow levels of consciousness the ego {mind} is still somewhat involved. At these levels we sometimes recall a dream when the body awakens.

At the deeper levels of consciousness the mind is out to lunch, for it cannot function at those levels. These deeper levels are where we heal anything that may be forming that would negatively affect the body. These levels are also for the refreshing of our spiritual man the real entity. We go there as it were to get recharged. The source of the body's energy is spirit better known to some as the inner man. The Movie "What Dreams May come" I feel is not to far from what we may experience when crossing

over.

There are no rules there, except the ones you make. The same is true of this dream, this reality. I've often said that one day I'd like to write a book and entitle it "God is a dreamer" here is my point... **We create our own reality.** Call it a dream or call it a reality it doesn't matter because it's all created out of the same stuff which is more of what we are. Dreams... reality... they are extensions of what I am, no more and no less. Any "dream" is a reality when you find yourself within it. As for a separate God, how could the Creator be separate from the creation?

All creation originated within and came forth out of the one Source. God had no way to create without creating more of what God is. Where would he have gotten his building material if not from what he was? I am, because God is. The dead exist at the same level we travel to as we leave our body at night. I was just telling my wife and son, my father and mother today {all have left this reality...} as I drove the freeways that I love them and still miss them. I know they receive us when we speak to them. They are more alive than we are but we are blessed to be here. They will be back here if they are not already.

I like what Seth once said when someone was questioning him on dying. His reply was... "You're as dead now as you're ever going to get." I have to say a men to that!