

## THE COSMIC CLOCK...

Letter to a friend.

My comments/question: so far, I have read/heard about 3 approaches/ways to deal w/ our 'ego'...one is this above...to embrace it and bring the Light in us to this 'denser part' for healing/merging. Another is to take the negative thoughts/emotions to the Light with the same result. The third is to realize that our humanity is but an illusion (not real)...and therefore not to be addressed (other than to find out by experience who we are..and focus there)...so what do you think about this, Ron? What has been your experience/understanding?

My understanding is first of all, what we refer to as "ego" is the result of being a soul that can reason, that can deduct etc. This is also why we have dominion over the earth, a dominion that we have sorely abused.

We have done it ignorantly but we've done it nonetheless. This is by observation only, not critical judgment. Our soul which is the one Spirit stepped down resulting in the creation of the many souls with Emotion, Mind and Will/ego, has been programmed by the five senses.

This was a necessary step.

The world of the five senses/3<sup>rd</sup> density is a lost world of humanity.

This five sense man through the evolution process is being transformed into an uplifted humanity. Nothing can happen with the planet that is not also happening with humanity for we are connected. Biologically you could say she is our mother. As for ego, this is what I am and will always be. It's a wonderful tool for the expansion of all that is.

Since ego is comprised of Emotion, Mind and Will, this means that it must be deprogrammed from the data it has picked up from the 3<sup>rd</sup> density dream and programmed with the higher density consciousness.

Then we are ready to go into a higher density world. As this happens, the consciousness of the changing humanity from 3<sup>rd</sup> density to the higher density consciousness will result in the earth following along because these two are one. They both undergo this change

synonymously

For a very long time I feel that the ego has gotten a very bad rap. So has what many refer to as "Duality." Yet it is the contrast referred to as good and evil that is the primary agent for the deprogramming on the ego/soul. This matter of two powers is of course a fallacy but this "fallacy" this 3<sup>rd</sup> density understanding, was necessary to prepare us for the higher density levels. In absolute truth there are no mistakes.

What the dual minded man sees as his mistakes are in truth opportunities for his enlightenment. What does this mean? If I understand this, then I spend zero time fretting over anything the altered ego does. What I mean by "altered ego is that part of my

emotion, mind or will that is still functioning in 3<sup>rd</sup> density consciousness. I, when discovering that I've slipped back into the old ways just say to myself, "*Its ok, for everyday in every way I'm getting better and better.*" Speak your desired future into being.

It is detrimental; it is counter productive to where I want to go, and all I desire to be, to spend any time at all stewing/judging/resisting over anything the old man happens to do. When I get in that mode I'm in resistance. Whatever I resist I give power to for in my resisting it I'm perpetuating its appearance. My desire is to live by faith and allow law of attraction to do the work. All of it!

I noticed tonight that when I got 'rattled', that I was embarrassed somewhat, and apologized to my daughter in Love for my 'reaction' to her news. She said that she understood, and was alright w/ it. I will admit to you that until I found out that there was a solution already in place that we did not know about at first, that I was still uneasy. This is not common for me, and kinda takes me by surprise when I do 'go there' anymore. I also realize that the way to find peace is not in having the circumstances be changed, but I would be lying to not admit that tonight the fact that they were changed, sure helped...:) You are fine. I'm reminded of what Paul wrote when he said... "All things are lawful for me"... I realize that's not all he said here, but to quote the rest would detract from my point here. In Romans chapter 6 he wrote... "What... shall I sin that grace may abound?" Actually if we did it would! You my friend are too hard on you. If there is anything I've felt since we've first met is that this lovely soul is a tremendously bright and receptive one, but it is too hard on itself.

So this message is definitely a 'where the rubber meets the road' one...i.e. just 'knowing who we are' and agreeing with that reality is an incomplete gift... for manifesting the 'peace that passes all understanding' (of the third-dimensional reasoning of 'mankind') is what makes provision to live in dominion of this vessel and its choices. How to abide there? That is the question...or at least one question...love you, gr

No one could give us any answer that would change our situation. The same thing that has brought you from where you were before you entered the path will bring you where you desire to go. Hebrews tells us there is a rest that the Hebrews did not enter into because of their unbelief/3<sup>rd</sup> density ego. We ultimately find that the fastest way to go from point A to point B on this path is to do absolutely nothing, for it is then and only then when grace takes over the helm.

This ocean is way too big for me. That is why grace sits calmly by and waits for me to wear myself out. Once that happens and I throw up my hands in utter frustration, then grace takes the helm. To enter into the rest that Hebrews speaks of is not the destination. The rest is only when I have learned to refrain from all effort to advance in the

spiritual and I rest from any and all effort to be, do, or have anything but just spend my days in gratefulness for what blessings I have.

To have a heart full of gratitude and thanksgiving for all I have is what triggers the law to move in grace to bless me with more. For this to work the attitude of gratitude must be genuine. For me, I just look around and view the people and the condition of our planet knowing that I and many like me are making the difference, even though appearances may not look so good. If you sincerely look for reasons to be grateful they are everywhere.

How to abide there? Perhaps what we try to do is to have the reality of fifth density consciousness while our humanity still lives in 3<sup>rd</sup> density. I wonder if abiding on a perpetual basis is a possibility before we find ourselves on a 5<sup>th</sup> density world/planet. I don't know. I do know that the quickest way for me to advance is to enter into the rest and when I in faith surrender all effort grace then will go to work. To work out my own salvation is to learn to rest.

The Cosmic clock is ticking. Rest and it will ultimately tick you right into 5<sup>th</sup> density